

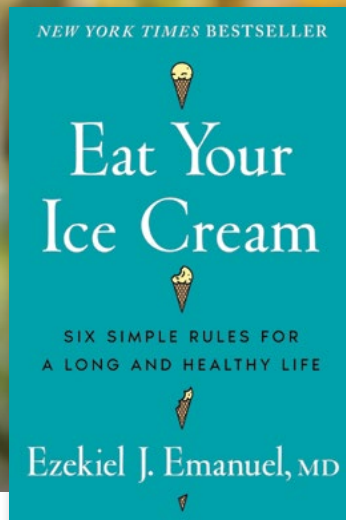
Sharing Oncology Innovation with Our Community

In 2027, the Cancer Foundation of Santa Barbara is pleased to continue our collaboration with UC Santa Barbara Arts & Lectures by bringing another leader in healthcare to our community. Next year's presentation with Ezekiel J. Emanuel, MD, builds on our history of ensuring Santa Barbara residents can listen and learn from pioneers in cancer care and research, including Nobel Prize-winning biochemist Dr. Jennifer Doudna, Pulitzer Prize-winning oncologist and author Siddhartha Mukherjee, and geneticist Mary-Claire King. The insights offered by these trailblazers provides enhanced understanding of complex concepts and direct access to expert knowledge, often leading to thought-provoking discussions and possibly different treatment opportunities. We hope you will join us!



Lori Willis

Executive Director



Ezekiel J. Emanuel, MD – Eat Your Ice Cream: Six Simple Rules for a Long and Healthy Life

SUNDAY, FEBRUARY 21, 2027

7:00PM

THE GRANADA THEATRE

Renowned physician, bioethicist and health policy expert Ezekiel J. Emanuel cuts through the noise of today's "wellness industrial complex" with a practical, evidence-based guide to living well. Drawing on decades of experience in medicine and public policy, Emanuel explores the habits that matter most for long-term health, happiness and purpose – and the trends, hacks and anxieties we can leave behind. Based on his bestselling new book, *Eat Your Ice Cream: Six Simple Rules for a Long and Healthy Life*, this engaging talk offers a humane vision of wellness grounded in science, balance and common sense.

For tickets, call (805) 893-3535 or visit artsandlectures.ucsb.edu.

Co-Presented by UCSB Arts & Lectures and the Cancer Foundation of Santa Barbara

The Power of Patient Navigation



ANGELA DE BRUYN

Patient Navigation

When Angela De Bruyn was diagnosed with breast cancer in November 2024, the news came as a profound shock. At 44, with a healthy lifestyle, no family history of cancer, and no warning signs beyond a lump she discovered herself, she was suddenly thrust into a world of biopsies, appointments, surgery, chemotherapy and radiation.

"It was overwhelming," she said. "The best word I can use to describe getting a cancer diagnosis is just overwhelming. It's mentally overwhelming. The logistics are overwhelming. There's testing, surgery, treatment, paperwork, insurance questions – and it just keeps coming."

From the very beginning, one service made a tremendous difference: patient navigation, funded by the Cancer Foundation of Santa Barbara.

“A cancer diagnosis is something you can never prepare yourself for, but the services I received at Ridley-Tree Cancer Center helped me navigate the impact of the diagnosis. I felt like an active participant in my care and I can’t say enough about how grateful I am.”

“My navigator reached out immediately and broke each stage down into manageable steps, providing structure and reassurance, and helping me understand what to expect along the way.”

For Angela, a single mother with family out of state, that support was invaluable. Rather than managing everything alone, she had one reliable point of contact to guide her through each phase of care.

That guidance extended beyond scheduling. Her navigator connected her with counseling services, a nutritionist, and even a one-time financial grant that helped bridge the gap while she was on disability. “They made me aware of so many resources I wouldn’t have found on my own,” she said.

Angela had no idea these services were available at no cost to patients, thanks to the Cancer Foundation and the community donors who support it. As someone who works in the nonprofit sector, she understands the significance of donor generosity. “Cancer is so scary, and the services provided through the Cancer Foundation can truly make all the difference,” she said, adding that without guidance, the paperwork, decisions, and sheer complexity of treatment can feel so



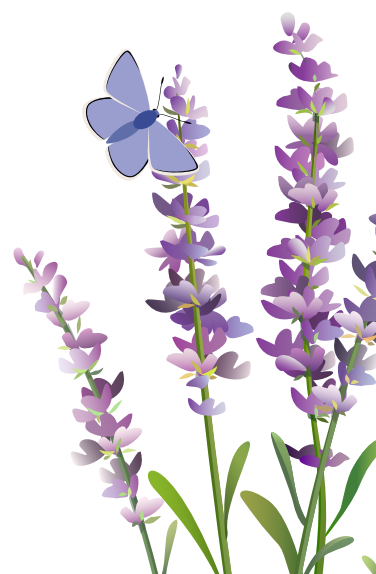
Angela and her son, Henrik
overwhelming that some patients might delay care or give up.

“At a time that feels very difficult, the navigation support makes it easier and when you’re going through cancer, you’ll take anything that makes it even just a little easier.”

For Angela, having the logistics handled freed her to focus on her mental health and being present for her son.

“The support made all the difference in my treatment,” she said. “The care I received there changed my whole experience for the better.”

That coordinated care is made possible by Cancer Foundation grants that help ensure that no patient has to navigate a cancer diagnosis alone.





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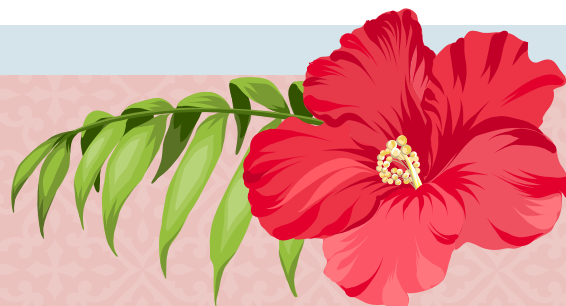
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Maximize Your Impact

Enjoy the Reward of Giving



With an IRA charitable rollover gift, you can help the Cancer Foundation this year and enjoy valuable tax and income benefits. If you are 70½ or older, you can roll over up to \$111,000 from your IRA to a charity without paying federal income tax. Even better, your gift may qualify for your required minimum distribution (RMD).

Here are some of the ways you can benefit from an IRA rollover gift this year:

Reduce Your Taxable Income. By rolling over some or all of your RMD from your IRA to the Cancer Foundation, you may reduce your taxable income this year.

Lower Your Social Security Tax. Reducing your taxable income with an IRA rollover gift may also reduce the tax due on your Social Security payments.

Avoid IRS Tax Limits. IRA rollover gifts may be made over and above the normal cash gift limit.

Nonitemizers: Enjoy Charitable Gift Benefits! If you do not itemize your deductions, you can still benefit from the reduction in income and tax resulting from an IRA rollover gift.

Please let us know if you've already included us in your estate, intend to, or would like to discuss the many options available which provide income or tax savings. Please contact Lori Willis at (805) 898-2187 or lwillis@cfsb.org.